

70% of teens will accept a friend request and connect with someone they do not know.*

What you can do to protect your children:

Be Aware:

// Apps //

Facebook

Instagram

Snapchat

Whatsapp

Plenty of fish

Tiktok

Tinder

Grinder

Kik

- What apps or platforms are your kids using with chat features?
- Have conversations about the dangers of engaging with people they don't know.

Discuss Usage:

 Go to settings and navigate what apps are being used most.

Enable Privacy Settings:

• Go to settings and turn off location tracking for all apps.

Use Parental Controls:

- Implement time limits on screen time and apps.
- Add restrictions so they cannot reach inappropriate websites.

Additional Resources:

• Download Google Family Link App to help your family create healthy digital habits.

// Gaming //

Roblox Minecraft Fortnite Call of Duty Among us

Source: * https://www.pewresearch.org/internet/2007/04/18/friendship-strangers-and-safety-in-online-social-networks/

